



2016 CONNECTICUT STATE OPTIMIST CHAMPIONSHIP October 15, 2016

Indian Harbor Yacht Club

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Racing rule 40 and the Preamble to Part 4 is changed as follows: US Coast Guard approved PFDs shall be worn at all times while on the water except briefly while changing or adjusting clothing or personal equipment. Inflatable PFDs or buoyancy aids are not permitted.
- 1.3 Rule 35, A2, A4 and A5 are changed (see instructions 12 and 14).
- 1.4 A competitor may not be protested for breaking an Optimist class rule.
- 1.5 USODA membership is not required to participate.
- 1.6 If a conflict exists between the Notice of Race and the Sailing Instructions, the Sailing Instructions govern.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located inside the front lobby of the Indian Harbor Yacht Club main clubhouse.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 15 minutes before the harbor start, except that any change to the schedule of races will be posted by 2000 Friday, October 14.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main flagpole to the south of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE

0830 – 0930	Registration
0930	Competitors briefing
1000	Harbor start
1100	First start
1600	No warning after

The race committee will attempt to run as many races as conditions permit within the limits set forth above.

6. RACING AREA

The racing area will be inside Captain Harbor.

7. THE COURSES

Courses are outlined in Appendix A

8. MARKS

- 8.1 Marks will be yellow tetrahedrons except that the finish mark will be an orange tetrahedron.
- 8.2 New marks as provided in instruction 10 will be orange tetrahedrons.

9. THE START

- 9.1 Starts will be in accordance with RRS 26.
- 9.2 The starting line will be between a staff displaying a flag on the signal boat at the starboard end and the course side of a nearby yellow mark.
- 9.3 Any boats OCS will be signaled by sounding a single horn and hoisting code flag "X". The race committee will attempt to hail OCS boats but each boat is responsible for starting properly.
- 9.4 A boat starting later than five minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- 9.5 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes RRS 26 and 63.1. When flag U is used as the preparatory signal, RRS 29.1 (individual recall) does not apply.

10. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark (or marks) as soon as practicable.

11. THE FINISH

- 11.1 The finish will be between a staff displaying a flag on the signal boat and a nearby orange mark.
- 11.2 Code flag "A" when flown at the finish means no more racing for the day.

12. TIME LIMITS

- 12.1 The time limit for the first boat to finish will be 60 minutes.
- 12.2 A boat not finishing within fifteen minutes after the first boat sails the course and finishes within the time limit will be scored DNF without a hearing. This modifies RRS 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1 At its' first opportunity after finishing from a race, a boat shall notify the Race Committee of its intent to protest another boat, and provide the sail number of the boat to be protested. This adds to RRS 61.
- 13.2 Protest forms are available at the Club's front desk located inside the lobby. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 13.4 Notices will be posted as soon as possible before or after the protest time limit to inform competitors of arbitrations or hearings in which they are parties or named as witnesses. Notices of protests by the Race Committee will also be posted within the time limit to inform boats of protests under RRS 61.1(b).
- 13.5 The time limit for requests for reopening or redress, based on a hearing or the scoring, is 30 minutes after a hearing decision or scoring results have been posted. This modifies RRS 62.2 & 66.

14. SCORING

- 14.1 The Low Point Scoring System of RRS Appendix A will be used.
- 14.2 One completed race is required to constitute a series
- 14.3 When fewer than six races have been completed, a boat's series score will be the total of her race scores.
- 14.4 Boats scored DNF will receive points equal to the number of boats that sailed the course and finished within the time limit plus two points. This changes Rules A4.1, A4.2, and A5.

15. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

16. SAFETY & SUPPORT BOATS

- 16.1 No boats are to leave the dock prior to the signaling of the harbor start.
- 16.2 All boats are to check in with the race committee once the signal boat is on station by passing astern of the signal boat, hailing one's sail number and receiving acknowledgement by the race committee.
- 16.3 Any boat that retires is to notify the race committee or support boat before retiring or if not possible, the Club's front desk personnel immediately upon arrival ashore.
- 16.4 The race committee and all support boats will monitor VHF 05A.
- 16.5 All coach boats and other support boats/personnel agree to aid any competitor in distress or requesting assistance.
- 16.6 All non-race committee boats shall stay clear of the racing area from the warning signal until all boats have finished or the race committee signals that the race has been postponed or abandoned. Failure to keep clear of the racing area may result in the disqualification of all boats associated the offending boat.

17. PRIZES

- 17.1 Prizes will be awarded to 1st - 3rd for Optimist White, Blue and Red fleets.
- 17.2 Prizes will be awarded for 1st – 5th overall for the combined red, white and blue fleet.
- 17.3 Sailors who are residents of the State of Connecticut will be eligible for perpetual trophies as follows: Top Red Fleet finisher, "Morgan Point Trophy;" top blue fleet finisher, "Captain's Cove Trophy;" top white fleet finisher, "Faulkner Island Trophy."
- 17.4 The top overall finisher overall that is a resident of the State of Connecticut will be awarded the Connecticut State Optimist Championship Trophy.

18. DISCLAIMER

Competitors participate in this regatta entirely on their own responsibility. See RRS 4, Decision to Race. The race organizers, including the Organizing Authority the Indian Harbor Yacht Club, its officers, trustees, committee members, and employees, and the Race Committee, Protest Committee, race course assistants, and volunteers will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix A

